



Dr Caroline Ruddock • Dr Sarah Maxted • Dr Simon Vincent • Dr Benjamin O'Connor • Dr Charlotte Sloan

65 Leicester Road, Narborough, Leicestershire. LE19 2DU

T: (0116) 2864421

[www.limesmedicalcentre.co.uk](http://www.limesmedicalcentre.co.uk)

Dear Patient,

According to our records, you are due to come in for your Annual Hypertension or Vascular Review

Please telephone the surgery on 0116 286 4421 to arrange to see the Health Care Assistant for a **10 minute** appointment in which you will have your **blood pressure** taken and a **blood test**. If you have a home blood pressure monitor please use this to take ten readings over five days and bring your readings to your review appointment.

The blood results will be reviewed by your usual GP who will also make sure you are taking the optimum medications. If there are any issues with your blood pressure, blood tests or medications then the surgery will be in contact with you to arrange a further appointment.

**This is your first reminder letter.** Our policy is to send a maximum of 2 reminder letters for you to make an appointment and if you still have not made one after this then you will not be called in again until the following year.

If you currently smoke, the smoking cessation services are now being provided by QUIT 51 who can be contacted on 0800 622 6968, or Text smokefree to 66777

If you are **completely** housebound, please let us know and we will try to arrange, where possible, a blood test at home.

Yours sincerely,

**The Limes Medical Centre**